

College Park Cross Country
Practice Schedule
July 25-August 20

<u>Date</u>	<u>Location</u>	<u>Time</u>
Monday 7/25	College Park H.S.	6:30 a.m.
Tuesday 7/26	College Park H.S.	6:30 a.m.
Wednesday 7/27	College Park H.S.	6:30 a.m.
Thursday 7/28	HEB at Kuykendahl	6:30 a.m.
Friday 7/29	HEB at Kuykendahl	6:30 a.m.
Saturday 7/30	*Varsity only at Sam Houston	6:30 a.m.
Monday 8/1	College Park H.S.	6:30 a.m.
Tuesday 8/2	College Park H.S.	6:30 a.m.
Wednesday 8/3	HEB at Kuykendahl	6:30 a.m.
Thursday 8/4	HEB at Kuykendahl	6:30 a.m.
Friday 8/5	HEB at Kuykendahl	6:30 a.m.
Monday 8/8	College Park H.S.	6:30 a.m.
Tuesday 8/9	College Park H.S.	6:30 a.m.
Wednesday 8/10	HEB at Kuykendahl	6:30 a.m.
Thursday 8/11	HEB at Kuykendahl	6:30 a.m.
Friday 8/12	HEB at Kuykendahl	6:30 a.m.
Saturday 8/13	*Sam Houston State Park	6:30 a.m.
Monday 8/15	College Park H.S.	5:00 p.m.
Tuesday 8/16	College Park H.S.	5:00 p.m.
Wednesday 8/17	HEB at Kuykendahl	5:00 p.m.
Thursday 8/18	HEB at Kuykendahl	6:00 a.m.
Friday 8/19	College Park	6:00 a.m.
Saturday 8/20	*TBA	6:30 a.m.

1. You must have a physical on File in the training room
2. The season has started and practices are mandatory
3. If you cannot attend a practice you must email or call one of the coaches ahead of time

*Saturday Practices are for Varsity and J.V. runners. We will inform you if you are expected to be at the Saturday Practices.

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