

Region II-6A Cross Country Meet

Monday, October 22, 201

Bus Leaves: 10:30 a.m. Sunday
Bus Returns: 5:30 p.m. Monday
Meet Location: Lynn Creek Park, Grand Praire

Directions: I-45 North (196 Miles), I-20 West (via exit 276 toward Ft. Worth), Exit Link Dr/S. Great Pkwy, left on S. Great SW Pkwy, Keep right to stay on S. Great SW Pkwy, continue onto Lake Ridge Pkwy, turn left onto Mansfield Rd, Take the 1st right onto Lynn Creek Pkwy. Creek Park is 5610 Lake Ridge Parkway, Grand Prairie, Texas, 75052

Lodging: Arlington Hilton Inn, 521 East Interstate 20, Arlington TX 76018, 817-557-8233

Time Schedule:

11:00 a.m.	Varsity Girls	5km
11:30 a.m.	Varsity Boys	5km

What to bring: Pack the night before to insure you have all of your equipment. Bring extra clothes, shoes, socks, bug spray, trash bag, and toilet paper. You are to wear College Park issued gear. The school will provide you with some meal money but I would advise you to bring extra money!!

Remember: This week is all about getting ready to race. Have fun and run fast!

Good Luck,

Coach Gibson
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